

DISPOSABLE EQUIPMENT	CLEAN	REPLACE	SYMPTOMS TO WATCH FOR
Cushion	Daily	Every 1 month	Air leaks, poor fit, visible wear, discoloration
Tubing	Twice Weekly	Every 1 month	Cracks, “stretch marks”, discoloration
Filters	Replace monthly	Every 1 month	Visible dirt, discoloration
Mask	Twice Weekly	Every 3 months	Air leaks, loose fit, visible damage
Headgear	Twice Weekly	Every 6 months	Air leaks, Velcro wear, discoloration, loose fit
Chinstrap	Twice Weekly	Every 6 months	Velcro wear, discoloration, loose fit
Disposable Humidifier Canister	Twice Weekly	Every 6 months	Discoloration, mineral deposits
CPAP / Bi-PAP machine	Twice Monthly	Every 5 years	Dust build up, abnormal sounds
RETURN VISITS, WARRANTY, & MAINTENANCE			
When is another sleep study indicated?	<p>If symptoms return in spite of using therapy regularly. (If you started snoring, experience daytime sleepiness again, etc.)</p> <p>After substantial weight loss or gain (10% of body weight)</p>		
How often do I see my Doctor?	Annually and as needed		
Warranty Information	CPAP and BPAP machines both have a two year warranty (some devices have a one year warranty on the heater component)		
Quarterly Maintenance	You can bring your CPAP or BPAP machine in to our office for a quarterly maintenance system assessment.		